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| Dish | Monday | Tuesday | Wednesday | Thursday | Friday |
| Salad**£3.75** | Zatar Butterbean, Cucumber, Chick Pea, Cherry Toms, Garlic, Lemon, Parsley, Pitta. | Mexican Tuna Salad, Baby Gem, Cilantro, Scallions, Sweetcorn, Cancha, Cherry Toms, Peppers, Cucumber, Crispy Tortillas  | Bruschetta Pasta Salad, Rocket, Ciabatta.  | Bhel Puree, Puffed Rice, Hazelnuts, Toms, Cucumber, Coriander, Spring Onion, Leaf, Tamarind Debes, Mango Mint Yoghurt, Paratha.  | Chopped Ranch Salad, Mixed Leaves, Cherry Toms, Cucumber, Spring Onion, Croutons, Avocado, Egg, Ranch Dressing, Focaccia, |
| Main course**£3.75** | Slow Cooked Jamaican Jerk Beef, Tortillas Boats, Rice n Peas, Pineapple Salsa.  | Truffled Mushroom Arancini Balls, Mozzarella Stuffed, Crème Fraiche Tomato sauce, Italian Olive and Fennel Salad. Parmentier. | Chicken Katsu Curry Wrap, Kimchi Slaw, Kaffir, Coconut and Chilli Potato. | Sticky Honey Garlic King Prawn, Asian Salad, Fried Rice.  | Dill Breaded Seabass, Summer Green Vegetable, Orzo, Lemon.  |
| Vegetarian option**£3.75** | Slow Cooked Jamaican Jerk Aubergine, Tortillas Boats, Rice n Peas, Pineapple Salsa.  | Truffled Mushroom Arancini Balls, Tomato sauce, Italian Olive and Fennel Salad. Parmentier. | Quorn Katsu Curry Wrap, Kimchi Slaw, Kaffir, Coconut and Chilli Potato. | Sticky Honey Garlic Cauliflower, Asian Salad, Fried Rice.  | Dill Breaded Courgette, Summer Green Vegetable, Orzo, Lemon.  |

**Jackets £1.75 - £2.00**

**Sandwich and Baguette £2.00**

**Most Dishes can accommodate any Dietary Requirements, for any queries please see the kitchen team as early as possible to discuss.**